Most Veterans are employed at 0-3 months post-separation, and this proportion continues to increase. Most report functioning well at work and are satisfied with their ability to apply skills and knowledge in their job. About 1/3 are in school, and most report functioning well despite a slight decline over time.

Most Veterans can pay for expenses. About half have little financial cushion and are not managing their money well. Less than half are satisfied with their financial situation, and this has increased over time.

Health problems, mental and especially physical, are relatively common among newly separated Veterans. Chronic pain and sleep problems are the most commonly reported health concerns. There is little change in health over the first year.

Most Veterans report high levels of social involvement. Among partnered Veterans (81%) and parents (55%), most individuals report functioning well and being satisfied with these relationships. There is an increase in sense of belonging in the community, but more perceived conflict over time.